



# In room massage

## **In room massage**

Pamper yourself with our wellness-enhancing massage therapies.

Indulge and relax with an exclusive in-room spa treatment of your choice by a professional therapist. Ideal for relaxation and stress-release.

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*Sáenz Peña 204,  
Barranco, Lima. Perú.  
hotelb.pe*

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 50 MINUTES

US\$250

## RELAXING MASSAGE

Aims to improve the stress state of the body and to restore physical, mental and emotional balance. The techniques used aim to regain flexibility and deepen the level of relaxation. The massage consists of passively stretching the muscles and applying pressure with the fingers, palms and forearms, along the energy lines of the body.



 60 MINUTES

US\$280

## DEEP TISSUE MASSAGE

This slow and deep massage will stimulate the body tissues. Effective in relieving chronic pain, flexibility problems, and muscle spasms. Helps to eliminate toxins that have accumulated in the muscles, and to have a better blood circulation, bringing with it the necessary oxygen. The body will immediately feel the benefits of this massage and the release of pain and total relaxation.



 60 MINUTES

US\$280

## MASSAGE B

This exclusive massage designed by expert therapists is a combination of different massage techniques. The vital energy that these maneuvers provide are combined with the strength and depth of the massage, which will take you to a state of total well-being.